

# Examination and Medical History Forms

# Please Keep a Copy

Reverse side of form to be completed by examiner (MD, DO, PA-C or NP) and returned to the applicant. Any blanks will delay processing of the license!

### Memorandum to Examining Physician:

You are being asked to examine this applicant for the purpose of obtaining an automobile racing license. This form is a guide and tool for you to determine if the applicant is medically qualified to race. This form concentrates on the organ system and disease processes that may jeopardize the applicant or others while attending a competitive racing event.

**Page One** (this page) - Instructions for completing the Physical Examination form, and should be read carefully by both the examining physician and the applicant.

**Examination** is to be completed by a Physician. **Medical History** is to be completed by the applicant.

#### A. The functional suggested requirements of a driver in a competition automobile are:

- 1. Ability to rapidly operate acceleration, braking, and steering mechanisms/systems.
- 2. Vision: distant vision correctable to 20/40 each eye, ability to distinguish basic colors, and peripheral vision to 70 degrees in the horizontal median for each eye.
- 3. Should have minimal chance of sudden incapacitation from any disease process.
- 4. Ability for rapid mental activity, problem solving, and decision-making.

### B. The environment this applicant may operate in is:

- 1. Temperature extremes from 0 degrees (F) to 120 degrees (F) for long periods of time.
- 2. Smoke, fumes, vapor, caustic chemicals, and dust.
- 3. Loud noise and vibration.
- 4. Increased potential for exposure to fire.

**Special Cases:** In a case where consults are needed, the consultant should be made aware of the information in **Section A** and **Section B** of this memorandum.

**Requirement of All Applicants\***: All applicants must submit a completed APPLICANT'S MEDICAL HISTORY and PHYSICIAN'S EXAM. Similar forms from NASA or full FAA may be acceptable. However the applicant will be held accountable to the rules, laws, and other parameters, as set forth by the issuing organization or agency.

#### Renewals:

Applicants that are less than 40 years old must renew their Physical Examination every five years. Applicants that are at least 40 years old must renew their Physical Examination every three years. Applicants that are at least 50 years old must renew their Physical Examination every two years. Applicants that are at least 70 years old must renew their Physical every 12 months.

**Note to the examining physician:** Please note the "**Renewals**" section of this document (above). Consideration should be given to the length of time between examinations, unless otherwise specified with highlighted notation in the comment section found on the PHYSICIAN'S EXAMINATION page of this document.

Note to Physician and Applicant: Medical Fitness of a Driver-Changes in Medical Condition after approved physical. Refer to GCR 2.3.2.A.3.

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# **Examination**

## To be completed by a MD, DO, PA-C or NP only. Any blanks will delay processing!

Examination shall not be more than six (6) months old upon license application.

There are Four PAGES to this form. Please see "APPLICANT'S MEDICAL HISTORY" and "SCCA Competition License Physical Examination Instructions." Use the fourth page for any explanations.

Physical Examination Inst	tructions." Use the fourth page t	for any explanations.	
Applicant's Name:	Date:	Member #:	
Age: Sex Hair Color:	Eye Color:		
Blood Pressure: Pulse:	Respiration:	Weight: Height:	
NEUROLOGICAL	CARDIAC		
Reflexes: Normal Abnormal Other tests performed:	Cardiac Exam: _	Normal Abnormal	
METABOLIC if yes then HgbA1C level recor		n 10)	
VISION  Vision (use numbers 20/20) OD (Right):/  Color Vision: Test:  Peripheral Vision (use numbers) degrees from mid			
Peripheral Vision (use numbers) degrees from mid	line: OD:	OS: Test::	
	is a physically demanding s	•	
•	ination and determination w		
Please contact SC	CCA with any questions at 1	-800-770-2055	
Medical conditions to consider in the	ne decision to approve	candidate	
<ol> <li>Less than 20/40 corrected vision in the better eye</li> <li>Alcoholic or drug addiction</li> </ol>	<ul><li>6. Loss of extremity or eyes</li><li>7. Diabetes</li></ul>	11. Epilepsy 12. History of Heart Attack	

- 3. Blood pressure: Diastolic over 90, systolic over 160
- 4. All gross deformities subject to listing
- 5. History of Syncope

- 8. Loss of consciousness
- 9. Psychological problems
- 10. Implanted Defibrillator
- 13. History of Cardiac Disease
- 14. Use of Narcotics

### **APPROVED**

Medical history and examination approved
Applicant is fit for motor racing
Additional review may apply for FIA applicants

Printed Name \_\_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_ Zip \_\_\_\_

Phone Number \_\_\_\_\_ Date \_\_\_\_

FAILED				
Applicant is not fit for motor racing				
Physicians Signature				
Printed Name				
Address				
City	_ State Zip			
Phone Number	Date			



# **Applicant's Medical History**

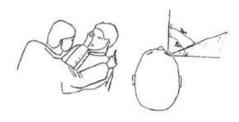
(To be completed by Applicant)

Applicant: For the purpose of obtaining a SCCA Competition License, complete this page legibly and in its entirety. Failure to complete the information will delay processing of your license. The examining physician must complete the second page of this form.

		Member #				
ame:	Age: I	Date of Bir	th:			
ddress:			City, St, Zip:			
mail Address:		_ Occupation:				
one: (H) (W)		(C)				
ersonal Physician:			Phone:			
ddress:			City, St, Zip:			
PLEASE INDICATE IF	YOU E\	/ER HAI	D, OR HAVE NOW, ANY OF THE	FOLLOWI	NG:	
Do You Have or Have You Ever Had?	Yes	No	Do You Have or Have You E	ver Had?	Yes	No
Frequent or severe headaches			Any drug, narcotic, or alcohol	problems		
Unconsciousness for any reason			Psychiatric/mental health prob	olems		
Dizziness or fainting spells			Eye trouble (except glasses)			
Epilepsy or seizures			Asthma			
Coronary artery disease or angina			Diabetes requiring insulin			
Heart valve disease			Anemia or other blood disease	es		
Left Bundle Branch Block (heart)			Including abnormal bleeding	noot 10		
Abnormal cardiac rhythms			Admission to a hospital in the months for any reason	pasi 12		
High Blood pressure			Allergy(s) to medications			
Operation(s) on brain			List:			
Operation(s) on heart			Routine use of Pain Medication	n		
Operation(s) on eyes, nerves, blood			Amputations/physical disabilit	у		
Vessels, or bone			Illness(es) not listed above List:			
Previous waiver(s) from SCCA, NASA,			Previous denial(s) from SCCA	NASA.		
or other sanctioning body for medical			or other sanctioning body due			
condition(s) list:			Medical reasons			

# **Tips on Peripheral Vision Exam:**

Peripheral vision exam by confrontation is simple procedure. Position yourself so that your face is directly in front and on the same level with the patient, about 2 feet away. Ask the patient to cover one eye and to look at your eye directly opposite. Close your other eye so that your own visual field is roughly superimposed on that of the patient. Bring a pencil or other small object (light) from behind and from the periphery slowly into the patient's field of vision. Ask the patient to indicate when the object appears. Estimate in degrees the point where the patient sees the object to the point where the patient is looking directly ahead. Test the other eye in the same manner. Lack of adequate or impaired peripheral vision should be given special consideration.



Additional History or Comments: